RECIPE SCORECARD

HIGH VALUE COOKING

DISH NAME _____ V. _____

DESCRIPTION

DATE	CHEF	SERVINGS	ACTIVE TIME	TIME TO TABLE

RATINGS

Mark a spot on each slider from 1–7, then write your exact score on the dotted line (decimals OK, e.g. 5.5).

Taste *Flavor, seasoning & texture*

1 Disgusting · 2 Bad · 3 Not good · 4 Mid · 5 Good · 6 Delicious · 7 Addicting

EXACT SCORE _____ / 7

Effort *How much energy did this take out of you?*

1 Exhausting · 2 Draining · 3 Tiring · 4 Moderate · 5 Light · 6 Easy · 7 Effortless

EXACT SCORE _____ / 7

PROCESS

Execution
Did you cook this as well as you could have?

- ☐ A Perfected it
- ☐ B Almost perfect
- ☐ C Some changes needed
- ☐ D Try it again

Cooking Experience
How was the process?

- ☐ A Loved it
- ☐ B Enjoyable
- ☐ C Neutral
- ☐ D Unpleasant
- ☐ E Miserable

Make It Again?
How often would you make this?

- ☐ A All the time
- ☐ B Definitely
- ☐ C Sometimes
- ☐ D Rarely
- ☐ E Never

HIGH VALUE VERDICT
Submit at highvaluecooking.com to get your official HV Score

Cost / serving $ _____ Health _____ HV Score _____ %

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Extras

DISH _____ V. ____ DATE _____

EXTRA QUESTIONS

Leftover Value
How good are the leftovers?

☐ **A** Even better ☐ **B** Still good ☐ **C** Not as good ☐ **D** Don't do it

Cookbook-Worthy?
Is this recipe High Value Cookbook-worthy?

☐ **A** Yes ☐ **B** Almost ☐ **C** No

KITCHEN LOG

Ingredients	Amount

Dishes Dirtied *pots, pans, bowls*

Notes & Changes